## So many ways to help manage your health.

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Now it's easier than ever to manage your health and make the most of your health plan with myCigna®.\* From programs that help improve your health to tools that help manage your health spending, there's so much you can do.



View, print and send ID cards



Find in-network doctors, hospitals and medical services



Compare quality of care information, including patient reviews from Cigna Healthcare<sup>SM</sup> customers



Manage and track claims



See cost estimates for medical procedures



Use the click-to-chat feature to connect with a live Cigna Healthcare rep



Feel better protected Cigna Healthcare is as committed to helping protect your health information as we are to protecting your health and well-being. That's why we take certain steps to enhance the security of your personal health information on myCigna.





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Customers under age 13 (and/or their parent/guardian) will not be able to register at myCigna.com.





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<sup>\*</sup> Actual myCigna features may vary depending on your plan and customer profile.