## **Discernment Resources:**

## Recommended by Seminarians!

### **Books**

- To Save a Thousand Souls: A Guide for Discerning a Vocation to Diocesan Priesthood
  Fr. Brett Brannen
- In Sinu Jesu: When Heart Speaks to Heart -- The Journal of a Priest at Prayer
  - A Benedictine Monk
- Priestly Fatherhood: Treasure in Earthen Vessels Jacques Phillipe
- Time for God Jacques Phillipe
- The Priest Is Not His Own Venerable Archbishop Fulton Sheen
- The Meaning of Vocation Pope St. John Paul II
- Why Celibacy?: Reclaiming the Fatherhood of the Priest Fr. Carter Griffin

#### Videos

- Discernment 101 Fr. Mike Schmitz (6:10)
  - o https://www.voutube.com/watch?v=9EMOgG7lfmE
- My Journey to Priesthood Fr. David Michael Moses (23:17)
  - o <a href="https://www.youtube.com/watch?v=Xj5aDJOSVfk">https://www.youtube.com/watch?v=Xj5aDJOSVfk</a>
- From Pro Soccer Player to Priest Fr. Chase Hilgenbrinck (5:14)
  - o <a href="https://www.youtube.com/watch?v=RR9AvbO6a6g">https://www.youtube.com/watch?v=RR9AvbO6a6g</a>
- I Will Follow—Two Catholic Priests' Vocation Stories Ascension Presents (10:40)
  - https://www.youtube.com/watch?v=eTw5xg37QF0

#### **Podcasts**

- About Four O'Clock
  - Three priests from the Diocese of Wichita KS talk about the priesthood and discernment. Find it wherever you get your podcasts!
- Pints with Aquinas
  - A great way to get more exposure to the Universal Church through the discussions that Matt Fradd has with his guests!

# **Spiritual Recommendations**

- Sacred Scripture
- Daily Rosary
- Eucharistic Adoration
- Spiritual Direction
- Surrender Novena
- Litany of Trust by the Sisters of Life
- Liturgy of the Hours
  - Use the Ibreviary app!