



Overview: 2022 Employee Benefits

Your benefits website: www.diocesekcsj.millercare.com



MEDICAL

Blue Saver PPO/HSA

Deductible: \$2,800/\$5,600
 Coinsurance: 100%
 Primary Care: Deductible + 100%
 Specialist: Deductible + 100%
 Out of Pocket Maximum: \$2,800/\$5,600

In-Network Benefits
 ER: Deductible + 100%
 Urgent Care: Deductible + 100%
 Hospitalization: Deductible + 100%
Prescriptions:
 Retail: Deductible + 100%
 Mail Order: Deductible + 100%

Monthly Cost (non-wellness)

EE:	\$167.00
EE & Spouse:	\$541.00
EE & Child(ren):	\$476.00
Family:	\$953.00

Spira Care EPO

Deductible: \$2,000/\$4,000
 Coinsurance: 100%
 Primary Care*: Deductible
 Specialist: Deductible
 Out of Pocket Maximum: \$2,000/\$4,000

In-Network Benefits
 ER: Deductible
 Urgent Care*: Deductible
 Hospitalization: Deductible
Prescriptions:
 Retail: \$15/\$50/Deductible
 Mail Order: \$15/\$125/Deductible

Monthly Cost (non-wellness)

EE:	\$202.00
EE & Spouse:	\$747.00
EE & Child(ren):	\$631.00
Family:	\$1,038.00

*No member cost at Spira Care Center

Preferred-Care Blue PPO

Deductible: \$1,000/\$2,000
 Coinsurance: 90%
 Primary Care: \$35 Copay
 Specialist: \$35 Copay
 ER: \$100 Copay + Deductible + Coinsurance
 Urgent Care: \$35 Copay
 Out of Pocket Maximum: \$3,000/\$6,000

In-Network Benefits
 Hospitalization: Deductible + Coinsurance
Prescriptions:
 Retail: \$12/\$50/\$70
 Mail Order: \$24/\$100/\$140

Monthly Cost (non-wellness)

EE:	\$518.00
EE & Spouse:	\$1,191.00
EE & Child(ren):	\$1,071.00
Family:	\$1,296.00

Blue Saver Plus PPO/HSA



Deductible: \$4,000/\$8,000
 Coinsurance: 20%
 Primary Care: Deductible + 100%
 Specialist: Deductible + 100%
 ER: Deductible + 20%
 Urgent Care: Deductible + 20%
 Out of Pocket Maximum: \$5,000/\$10,000

In-Network Benefits
 Hospitalization: Deductible + 20%
Prescriptions:
 Retail: Deductible + 20%
 Mail Order: Deductible + 20%

Monthly Cost (non-wellness)

EE:	\$150.00
EE & Spouse:	\$502.00
EE & Child(ren):	\$442.00
Family:	\$875.00

DENTAL

Core

Deductible: \$50 per person
 Annual Benefit Maximum: \$1,000 per person

In-Network Benefits
 Preventive: 100%
 Basic: 80%
 Major: Not Covered

Monthly Cost

Employee:	\$16.00
Employee + 1:	\$35.00
Family:	\$74.00

Enhanced*

Deductible: \$50 per person
 Annual Benefit Maximum: \$2,000 per person
 Orthodontia Maximum: \$1,500 for dependents to age 19 who satisfy the 24 month waiting period on this plan

In-Network Benefits
 Preventive: 100%
 Basic: 90%
 Major: 60%
 Ortho: 50%

Monthly Cost

Employee:	\$40.00
Employee + 1:	\$78.00
Family:	\$141.00

*MAX Advantage - Claims paid for cleanings , exams, x-rays, fluoride treatments do not apply to the benefit maximum.

VISION

Exam and Materials

Eye Exam: \$10 copay
Material Copay: \$25 copay
Glasses:
Single Vision Lenses: 100% after copay
Frames: Up to \$150 allowance

In-Network Benefits

Contact Lenses:
Medically Necessary: 100% after copay
Elective: Up to \$150 allowance

Monthly Cost

Employee: \$7.83
Employee & Spouse: \$15.63
Employee & Children: \$16.72
Family: \$26.74

HEALTH SAVINGS ACCOUNT (HSA)

- Employees that enroll in our **Blue Saver PPO Plan** are eligible to setup an HSA.
- This is a tax-exempt account, owned by you.
- It helps you pay for the qualified medical expenses of an individual and/or his or her spouse and dependents.
- It is designed to provide eligible individuals with triple federal tax benefits:
 1. Contributions are tax-free.
 2. Interest and other earnings on HSA contributions accumulate tax-free.
 3. Amounts distributed from an HSA for qualified medical expenses are tax-free as well.
- This money can roll over from year to year.

For 2022 the annual limits are as follows:

Single Coverage

Maximum contribution: \$3,650

Family Coverage

Maximum contribution: \$7,300

Employees over the age of 55 are able to contribute an additional \$1,000 to their account, as long as they are not enrolled in Medicare.

Enrollment in the following coverages will prevent you from being able to contribute to a Health Saving Account (H.S.A.):

- General-purpose health flexible savings account (FSA) or health reimbursement arrangement. (not to include a Limited Flexible Spending account or a Flexible Spending Account for Dependent Day Care)
- Medicare or Medicaid
- Tri-Care
- Health Reimbursement Account

FLEXIBLE SPENDING ACCOUNT (FSA)

Definitions:

Healthcare FSA:

- Used to pay for eligible medical prescription drug copays, dental, orthodontia, and vision care expenses.
- Annual Maximum: \$2,750
- You may carryover up to \$500 of your unused Health Equity Healthcare FSA balance remaining at the end of a plan year.

Limited Purpose FSA:

- Used along side your Health Savings Account (HSA) to pay for eligible expenses that are not for payment under the HSA plan, such as some dental and/or vision services.
- Annual Maximum: \$2,750

Dependent Care FSA:

- Used to pay for eligible child care, elder care, or care for a disabled dependent.
- Annual Maximum: \$5,000 per household

ANCILLARY

Life and AD&D

Employer pays 100% of the premium.

Basic Life and AD&D Amount: One (1) times annual earning to a maximum of \$50,000

Benefit Reduction: 50% at age 70

Short-Term Disability

Employer pays 100% of the premium.

Elimination Period: Seven (7) consecutive days from date of eligible accident or sickness

Benefits Begin On:

8th Day of Accident

8th Day of Sickness

Weekly Benefit: 70% of weekly earnings, including commissions and excluding overtime and bonuses

Maximum Weekly Benefit: \$500

Maximum Benefit Duration: 17 weeks

Long-Term Disability

Employer pays 100% of the premium.

Elimination Period: 120 days

Monthly Benefit Amount: 60% of monthly earnings

Maximum Monthly Benefit: \$5,000

Benefits Duration: Later of age 65 or Social Security Normal Retirement Age

Employee Assistance Program

Employer pays 100% of the premium.

Family and Caregiving: Caring for children and/or elderly

Workplace: Managing stress and career issues

Daily Living: Managing personal finances, legal issues

Emotional Well-Being: Coping with grief and loss, or substance abuse

Physical Health and Wellness: Handling health challenges in adults and children

Voluntary Life and AD&D

Employee pays 100% of the premium.

Employee:

Guarantee Issue: \$200,000

Benefit Amount: Lesser of 5 times annual earnings or \$500,000;

Units of \$10,000

Benefit Reduction: 50% at age 70

Dependent Children:

Benefit Amount: \$1,000, \$5,000, or \$10,000

Spouse:

Guarantee Issue: \$50,000; not to exceed 50% of employee amount

Benefit Amount: Lesser of 2.5 times employee's annual earnings or \$200,000; not to exceed 50% of employee amount

Units of \$5,000;

Coverage ends at employee age 70.

WHOLE LIFE

Employee pays 100% of the premium.

Portability: Since you own the policy, it remains with you regardless of where you work or even if you retire.

Guaranteed Cash Value: Your permanent policy builds cash value, which you can access through policy loans and withdrawals, to help pay for unexpected emergencies or even your children's college education. Loans against your policy accrue interest and decrease the death benefit and cash value by the amount of the outstanding loan and interest.

Convenient Payments: Your premiums are automatically deducted from your paycheck.

Affordability: You benefit from competitive rates and liberalized underwriting.

Flexibility: You can customize your policy with optional policy rider, some for an additional cost.

Coverage for Additional Family Members: Your spouse, children, and even grandchildren (ages 15 days to 25 years) may also be eligible for guaranteed coverage.

VOLUNTARY PRODUCTS

Voluntary Accident

Employee pays 100% of the premium.

- Guarantee issue coverage
- Covers on-and-off the job accidents
- 24-hour coverage
- High and low plan option
- Coverage is portable at the same benefit level premium amount, as long as premiums are paid to Sun Life
- Pays a benefit for hospitalization, emergency treatment, intensive care, fractures, plus more

Voluntary Critical Illness

Employee pays 100% of the premium.

- Lump sum benefit
- Covered dependents receive 50% of the basic benefit amount
- Benefits are paid directly to you, unless assigned to someone else
- Coverage is portable at the same benefit level premium amount, as long as premiums are paid to Sun Life
- High, medium, and low plan options
- Covered illnesses include heart attack, cancer, stroke, coronary artery bypass surgery, and much more

RETIREMENT

403(b)

Employee pays 100% of the premium.

All employees full-time and part-time, are eligible to participate in the 403(b) plan. All contributions are made by the employee.

Tax Deferred Annuity

Contributions are made before Federal and State income taxes are computed, however, Social Security and Medicare taxes do apply.

ROTH

Contributions are made after federal and state income taxes are computed. Withdrawals of principal and interest are tax-free.

Lay Pension

Employer pays 100% of the premium.

The plan provides a retirement benefit to eligible lay employees of parishes, schools, and participating institutions.

- All contributions to the plan are made by the employer and held in a Trust Fund.
- Funds not eligible for distribution until age 55.
- Additional details can be found in the Summary Plan Description found at www.diocesekcsj.millercare.com.
- Employees become vested in their pension plan after 5 years of service.

WELLNESS

All employees of the Diocese have the opportunity to participate:

- Health & Wellness Coaching
- Wellness Campaigns
- Wellness Newsletters
- Flu Vaccination Clinics & Blood Drive
- Chancery Fitness Center

Full-time lay employees on one of the BCBS medical plans can earn a \$600 annual medical premium discount on a 2022 BCBS medical plan by completing the following requirements by October 31, 2022.

- Submit a completed Physician Screening Form with your biometric screening results.
- Complete the online Health Risk Assessment on A Healthier You (AHY) at <https://members.bluecom/>.
- Earn 3,000 points on AHY.

For further details please go to www.diocesekcsj.millercare.com and choose Wellness.

Your Benefits Website



Possession of this flyer does not guarantee coverage.